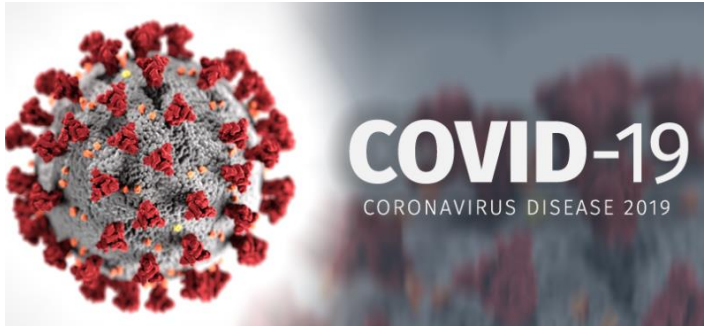


COVID 19



Dear Patient

As you will be aware the COVID-19 Pandemic has gained a significant foothold in our country. Health Services, including Hospitals and GP Practices, will be working tirelessly and well beyond their safe capacity levels to help the sickest and most vulnerable patients.

To reduce the spread of COVID-19 Cornishway Group Practice are undertaking telephone consultations/Video triage to assess patients and only bringing patients in if they feel they need to be seen, once they have been assessed.

[Latest Figures & COVID 19](#)

Symptoms of COVID-19

If you have symptoms of COVID-19 (A high temperature of 37.8 or higher or a new continuous cough) then you have a responsibility to self isolate at home for 7 days.

[NHS UK Information of COVID 19](#)

People who live in the household will also need to self-isolate for 14 days in case they develop any symptoms. If you live with someone who is 70 or over, has a long-term condition, is pregnant or has a weakened immune system, please try to find somewhere else for them to stay for 14 days.

If you have to stay at home together, please try to keep away from each other as much as possible.

People with symptoms of COVID-19 do not need testing unless they are seriously ill and require hospital admission.

If you are concerned that you or your child are seriously ill or you develop breathlessness then please use the NHS 111 Online Service. DO NOT ATTEND YOUR GP OR HOSPITAL A&E for the safety of our entire community, particularly the vulnerable and those at high risk.

Only use the NHS 111 Online Service if you feel you cannot cope with your symptoms at home, your symptoms gets worse or your symptoms do not get better after 7 days.

[NHS 111 Online Service](#)

Only call NHS 111 if you cannot get online help.

Self Isolation

Please find the following link from the Government Website regarding staying at home.

[Staying at Home Guidance](#)

People that are self-isolating are now to Self Certicate for 14days instead of 7.

If you are self-isolating this form will need completing on your return to work.

[Self Certificate Form](#)

You can also fill out this form on the NHS Website.

[Self Isolation Note](#)

Citizens Advice Bureau

We are aware that many people are significantly concerned about job security, loss of income and the knock on effect COVID-19 may have on their lives and ultimately their health and wellbeing. Citizens Advice Bureau want to emphasise their support is still available during these difficult times.

Please the link below for further information about Citizens Advice Bureau.

[Citizens Advice Bureau & COVID-19](#)

If you would like them to contact you about any support or advice please complete the following form and email the completed form back to

citizensadvice.manchester@nhs.net

[Citizens Advice Referral Form](#)

Upon receipt of referral, Citizens Advice will make a first attempt to contact the patient in no more than **2 working days**. Please be aware that calls will come from a withheld number.

Useful Links Relating to COVID-19

[Website: Sick Pay and COVID-19](#)

[Website: COVID 19 Guidance in Different Language](#)

[Website: Employee Assistance Programme](#)

[Poster: Employee Assistance Programme](#)

Thank you for your understanding and co-operation at this unprecedented time.

Cornishway Group Practice