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Our Practice Newsletter will hopefully enable us to pass on vital and useful information to our patients. We would welcome feedback and any suggestions for inclusion in future newsletters.

Please direct any feedback to the Managing Partner Mrs Janice Langley

PLEASE UPDATE YOUR TELEPHONE NUMBERS

As you know the practice has been sending text messages to our patient as appointment reminders for a number of years.

This has proven very Successful in helping patients attend their appointments.

CAN YOU PLEASE ENSURE WE HAVE YOUR CORRECT UP TO DATE MOBILE TELEPHONE NUMBERS

If we need to contact you and you haven't given us your up to date contact details you will be unable to take advantage of

this service

**CITIZEN ADVICE FREE TELEPHONE ADVICE
SERVICE**



Please ask at reception to use the phone in a private room

Putting confidence back behind the wheel with free experienced driver sessions

Drive Safe from Transport for Greater Manchester are offering free experienced driver training sessions which will enable older drivers to reflect on their own driving, increase confidence in their own ability, and consider efficient alternatives to driving. As well as learning:

- how to protect yourself on ever-busier roads
- how to get the best performance and efficiency from your car
- how to save on your running costs



Your session will include an interactive discussion and a FREE driving session. Go to **Drive Safe web-site** to find dates and locations of future sessions. Or call **0300 123 1518**.

Booking Appointments on Line. Ordering prescriptions online.

Register for Patient Access Services

To sign up is quick and easy:

Step 1: Go to [Patient Access](#) to visit the patient access website.

1. Step 2: Click on Register.
2. Step 3: Where it asks you “Have you received a registration letter from your practice?” Click on No.
3. Step 4: Enter your surgery’s postcode and click on the surgery name: **Cornishway Group Practice: M22 5RX**
4. Step 5: Fill in your details.
5. Step 6: Set up your security questions.
6. Step 7: Read and Agree to the terms and conditions and click next

In order to **view your Medical Records including (medication, adverse reactions, allergies and any other items agreed between the patient and the practice)*

please call or speak with one of our reception staff who will need to establish your identity and may ask you to provide some form of identification such as a driving licence or passport. You will then have unrestricted access to this online service.

Are You a Carer?

If you are **please let us know** - we may be able to help you

There is a wealth of information on [NHS Choices](#) about carers and caring. Below are some links into the site that we hope you will find useful.

[Telling people](#)—Caring responsibilities can make it difficult to maintain friendships or develop new ones. Telling your friends you're a carer is important so they understand and can support you.

[Taking a break](#)—Caring for someone can be a full-time job, but it's essential that you take time out for yourself too. Make an appointment for a carers health check

[Housing and carers](#)—Do you know your tenancy rights as a carer? Are you aware of all your care at home options? Do you need tips on moving someone around the home?

[Young Carers Team on telephone number](#)— 0161 682 1500 / Email: ycmanchester@family-action.org.uk
Advice and support for unpaid carers is available from:

Manchester Carers Forum – 0161 819 2226— <http://www.manchestercarersforum.org.uk>

Manchester Carers Centre – 0161 272 7270 - <http://www.manchestercarers.org.uk>

Contact Carers Direct Telephone 0808 802 0202

Helpline Information <http://www.nhs.uk/carersdirect/carerslives/updates/pages/carersdirecthelpline.aspx>

Email CarersDirect@nhschoices.nhs.uk

Office Hours— Lines are open 8am to 9pm Monday to Friday, 11am to 4pm at weekends. Calls are free from UK landlines